

SPCRS NEWSLETTER—JUNE 2011

SOUTH PEACE COMMUNITY RESOURCES SOCIETY

WEHIP: ARE YOU?

You don't have to wear a sideways baseball cap or have your pants hanging low to be HIP! Being active in mind or body, or by being part of your community, you can be HIP and earn points towards cool prizes!

WeHIP is the SPCRS Wellness and Health Incentive Program for our employees. It's the agency's commitment to promoting viable health in the many areas of our lives that we take for granted. WeHIP promotes all facets of healthy living! This includes any form of physical activity from jogging to the gym to even housework! It includes wellness activities such as meditation, reading, pottery or painting. WeHIP even promotes the importance of volunteering and social activities as part of a healthy lifestyle as well. Being involved in your

community or having a strong social network is an important part of feeling connected and being healthy!

Water isn't just something to swim in to get points – if you drink 8 glasses a day, you are rewarded for this! For you smokers out there, water will work as a smoke suppression system and ensure equal opportunities for you to earn points as well. You also get opportunities to earn bonus points! Bonuses encourage you to be a part of SPCRS culture, so when we have events, BBQ's or contests (or just general opportunities to be really cool... or engage in agency silliness!). The great part about bonuses is that they help create and build the SPCRS community. It's like being part of a posse... being able to wear our colours (t-shirts, jackets and WeHIP bling) without having to jack someone's moped or B & E a pharmacy to be cool and get your fix. Instead, you can hang out at the Clubhouse – our own space on Sharevision – where you can get your WeHIP fix! We will soon be posting cool opportunities, events and contests. Be sure to check it out regularly to make sure you're getting the skinny on the latest and greatest WeHIP activities. Soon, you'll even be able to register your daily WeHIP entries at the Clubhouse and keep track of all the awesome things you've done for yourself and for the community!

You all belong, even if you don't know it. The first part is to make sure you have your WeHIP water bottle – come on down and see Darren, Sharla or Susan to get started! It's just a hip-hop skip and a jump away from a blissful belonging.

The WeHIP committee can't wait to have everyone share their stories as we build our SPCRS Community!

Submitted by the WeHIP committee



SPCRS ANNUAL GENERAL MEETING

Submitted by Allyson Hayes, Executive Assistant

We had a very successful and fun Annual General Meeting this year. One would not think that any AGM could be called “fun”, but it was. It may have been because of our special guest for the evening, Mr. Elvis Presley, or at least a pretty good impression of him. Yes, Matthew Bains, one of our Board Members, who can sound just like Elvis, was a great sport and dressed up as Elvis, then presented Jane Harper, Executive Director with her 30 year service award. Jane is a HUGE Elvis fan, and it was a complete surprise to both Jane and most in the audience, so all had a very good laugh.

After all the regular business was concluded, there were some more laughs and giggles as we recognized more long-term staff; Joan Hutton and Cora Lee-Paish (5 years), Sharla Sullivan, Brigitta Ratscher, myself (10 years), Lone Sorensen (20 years), and Annette Haugen (25 years). Both Annette and Cora-Lee deserve a special pat on the back. Due to an oversight, they should both have received their award a couple of years ago. So both have been here longer than the award they received. Again, I send my apologies and thank them for their patience.

Of course, a shin dig would not be complete without good food, which there was plenty. And to top it all off, a great cake baked and decorated by Cups, Tea and Cakes. And who else but Elvis to top the cake. The calories I ate cannot, or should not, be measured, but it was worth every bite!

We also had a full house, with life-time members, paid members and staff attending. Many thanks to everyone who helped round up a member or two, some of which were from Surrey and Vancouver. It was incredibly nice of them to take time out of their visits to attend, and their support is greatly appreciated.

We move on now, to yet another year, and look forward to the next AGM ... Although I’m not sure how we’ll top our visit from Elvis!



Jane was “All Shook Up” by the appearance of her hero, Elvis!



SERVICE AWARDS BIOGRAPHIES

Sharla Sullivan

Sharla Sullivan has been offering her skills and kindness to SPCRS for 10 years. Sharla began her career believing that she would be supporting seniors with her residential care aide certificate. Fortunately for us, she decided to try out the community living sector as a casual worker, working in our residential program. She started working as a casual employee September 8, 2000.

In 2006 Sharla's beliefs in good organization and her understated knowledge of the self-advocates was noticed and she was asked to fill in temporarily as a Personnel & Practice Coordinator. In 2008 her position became permanent and she has been tackling the role ever since.

Sharla has a very busy life outside of the SPCRS office! She can be found on weekends either camping, cheering for the Oilers, playing poker, playing volleyball, cheering on her favorite UFC fighter, stalking a celebrity, celebrating her favorite holiday, Halloween, or planning her next vacation. But, her one true love (aside from her partner Dave) is caring for her pets. She has a soft spot for all animals and often says she wants to own a farm where she can have as many animals as possible to hang out with.

Those that truly know Sharla have the privilege of witnessing her sense of humor, her quick wit and her comical story telling. Not a day goes by that you don't hear her giggling in her office! She is caring and always makes time to listen to people's stories or troubles. The community living sector is very blessed to have Sharla as an advocate and a protector.

Annette Haugen

Think of the Mizpah Transition House, and you will most likely think of Annette as she has been there for a very, very, very long time! Annette started with the agency in November of 1983, and has spent pretty much all of that time at the T-House. Obviously she has found her niche.

It takes very special people to be able to work at the T-House, as there are all sorts of situations that arise and many challenges. And there is also much satisfaction that comes from helping women and their children find a safe and warm place to stay, somewhere that they can heal and build up their strength. And when they get there, they find Annette ready to help them through that process. She is a shoulder to cry on, an advocate that will speak up when someone is not able, a taxi driver if need be, and a support for building goals for the future.

Annette has also seen many changes in her role as an advocate for women leaving violent relationships. At one time, she spent several months commuting to Chetwynd to supervise the Transition House there. Annette will probably say this was the most difficult time during her employment at SPCRS. But this was one of the gifts she gave to the women, children, and staff of the T-House—her energy and time driving there and back for all that time. If you know Annette, you will know that she is one of the biggest gift givers out there! Because of her ability to find the perfect gift for everyone, she has been put in charge of purchasing all the door prizes for past Christmas parties. She not only knows how to buy gifts, but she knows how to shop. A talent we all have benefited from. So we are glad to have her here, and look forward to her being here for another two and a half decades.

SERVICE AWARD BIOGRAPHIES

Brigitta Ratschker

Guten Abend, hallo, und Willkommen, which means, “good evening, hello and welcome”. Greetings that Brigitta will understand, because she speaks German fluently, having made her way to Canada from Germany back in 1988, and because she is so very good at making everyone feel welcome. While she came from Germany, Brigitta calls Dawson Creek home, and has a picturesque farm on the outskirts of town, where she has all sorts of animals and green things growing, not to mention her most adorable husband, Franz, thrown in the mix.

This lovely lady has also made SPCRS home since September 2000 when she went to work in the residential programs. She spent a few years working with young adults, before moving on to a new adventure doing the “paper shuffle”. She took on a supervisory role, which she handles every day with her usual grace and dignity. But, now, instead of working with young adults, she works with young children, putting her knack for making things grow to work with the kids. The programs she oversees helps little ones attend school with all their peers, no matter the challenges they face. For the past few years, she has helped to bring inclusion and happiness into the lives of the children as well as their families.

Brigitta is pretty quiet in the office. In fact you would hardly know she is there except that she is so great at meeting everyone with a warm greeting. She brings calm to the work place and great strength to the programs she oversees. She is the rudder on the boat, the umbrella on a rainy day, the flower to the bee. We are very fortunate to have her spread her sunshine our way, and we hope she will be at least another 10 years with the agency.

Cora-Lee Paish

Cora-Lee is one of the most patient and enduring people that work for this agency. A quality that can be attested to by the fact that she has waited an additional 2 years to receive her 5 year service award. Cora-Lee has in fact been with the agency for 7 years, but was missed due to a data entry error, so we thank her for waiting so patiently to receive her 5 year award. And it is this patience that makes Cora-Lee such a valuable asset to the service recipient she supports, as well as to her work mates in the program and everyone else within the agency.

Cora-Lee started with the agency in November of 2003 (and yes, this has been corrected in the data base) working with some pretty high needs individuals. This work can be demanding, challenging, and stressful, while at the same time very rewarding. It is a position for those with a special knack for helping others, a skill for which Cora-Lee excels.

So, not only does she juggle a busy and demanding schedule at work, she also raises a family along with her partner Clayton. Cora-Lee has 2 sons and a step-daughter who keep her very busy. As a family, they enjoy the summertime, so they can go camping as much as possible and when time allows. Cora-Lee also has a large extended family that she spends many quality hours with.

We are very fortunate and grateful that she fits us into her busy life, and we look forward to working with her for a long time to come.

SERVICE AWARD BIOGRAPHIES

Joan Hutton

Joan celebrated her 5 year anniversary with SPCRS on May 28, 2011. She began her SPCRS career working casually in one of the residential programs. In November 2006, she was permanently hired to support 2 other individuals. In March 2008, Joan was ready for a change. She became the newest overnight worker, where she ensured the safety and security of 3 individuals residing at the duplex. A year later when the position turned to an awake overnight shift, this proved to be a difficult shift for Joan. So when an opportunity arose where Joan could get back to a regular schedule during the daylight hours, she jumped at it. Since April 2010, Joan has been faithfully working in the same program where she began all those years ago.

During free time, Joan loves to drive. On her days off, she will just hop in her car occasionally and drive down to Hanna, Alberta to see her parents. If she's short on time, she may grab a friend and head to Grande Prairie for a day trip. Joan is a big time family lady. She plays a huge role in both her kids and grandkids lives. It feels like we know them all as she regularly shares stories about each and every one of them.

Joan is a pleasure to have around in both personal and professional capacities. She is always willing to go above and beyond to help out her fellow co-workers whether it is the people in her direct program or other programs as well. Her knowledge on paperwork duties is appreciated. She ensures it's done meticulously each and every time. Joan is also a member of the Occupational Health & Safety Committee. And in the past she volunteered to be a contributing member of the Fundraising Committee. This character trait is admirable-Joan can be counted on each and every time!

Lone Sorensen

Lone celebrated her 20 year anniversary with SPCRS on April 27, 2011. She began her career as a casual relief worker in the Grandview Residence. Lone was drawn to the flexibility of this position. It allowed her to work during times that were convenient for her, allowing time for her to enjoy life's experiences as they came. It was not until 8 years later, after some persuasion from SPCRS management, that she applied for a permanent position. It was a perfect fit and Lone is still working with this individual to this day. The bond that is clearly evident between Lone and this individual is both captivating and inspiring.

Lone is well liked by her peers. She is a good team player and she plays a significant role in ensuring the residential program runs smoothly. Lone strives for a harmonious work environment and she is a natural peace maker. Lone invests her finest efforts in everything that she surrounds herself with.

When time allows, Lone enjoys going to yard sales. She has a good eye for spotting items that have potential. Lone also enjoys painting. The odd SPCRS staff is fortunate to have some of her pieces for their own collection.

Lone is a remarkably strong woman who makes a wonderful friend. She enjoys a simple life. In fact, she still prefers to write letters to her friends who have moved away with a pen and paper. Lone is also a great story teller who has had many rich life experiences. When we think about Lone, we remember this famous quote, "We don't stop playing because we grow old; we grow old because we stop playing." This is Lone's motto in life. She can often be heard saying, "Age is not a number, it is only an attitude". These are words to live by!

SERVICE AWARD BIOGRAPHIES

Jane Harper

Jane has been “taking care of business” since April 15, 1981, that’s over thirty years. And she has been doing a fine job of it too. She started as a Coordinator in the Family Centre Program, went on to be a Program Coordinator and Residential Program Director, and since May 1997 has been serving the agency as Executive Director, a very busy position, and a job not for the faint of heart. Jane has held the agency together through thick and thin. Determined and committed to make a difference in the agency and the community, she has lobbied politicians, negotiated with funders, shared exciting news with staff and delivered the bad, helped her team mates and fellow workers with both work and personal problems, and fundraised like it was nobody’s business. Whatever the need, Jane responds, always striving to take the situation and turn it into a positive. A spit fire when she needs or wants to be, a level head and sounding board to everyone who pops in her door, and that is often, Jane never stops giving of herself. It can honestly and sincerely be said she is a wonderful person to work with, and makes a most wonderful friend.

Jane is also multi-talented. There is not much she cannot do, nor much she hasn’t done. But there is one great goal that looms closer and closer with every passing day. A goal that we can be sure Jane will attain, due to her drive and determination. And what is this goal, you may ask? None other than to live and work in Memphis, Tennessee. Yes, at the very spot Elvis once called home, she's going to Graceland, yes Graceland, Memphis, Tennessee. Being A HUGE Elvis fan, she can sing every song and answer any trivia question. She is going to make a great tour guide!

So, the future is bright and warm, filled with song and adventure. Until that time though, we are all very fortunate to have her stay with us a little longer. And so, while she may not be able to be with “The King” (although she would resurrect him if she could), she most definitely is a Queen.

Jane, thank you, thank you, thank you very much!



JACQUELINE CATCHPOLE ON JOINING SPCRS

When I was approached about joining the South Peace Community Resources Society Board of Directors, I was intrigued, but confess to knowing little about the organization. I knew only that they were concerned with equity and social justice, both of which I am passionate about. I have since had the opportunity to familiarize myself with SPCRS and the multitude of services they provide. As a community, we in Dawson Creek are fortunate to have this organization of highly dedicated people providing assistance to those most in need.

As a former prisoners' legal advocate, I have seen the consequences of failing to respect the dignity of all individuals in society, regardless of challenges they may face. When people are not respected and valued for their inherent worth, they come to believe they are unworthy. Too often, they then lose hope and withdraw from society, shunning those who have shunned them. A myriad of personal, social and legal problems can arise as a result. More importantly, the person has been devalued and will be required to overcome a host of challenges to flourish and be able to meet their full potential.

When looking back on my work as a legal advocate, a story comes to mind. Due to confidentiality, I cannot recount that story here, but have created a similar one to illustrate my point. I once went to visit a young woman in prison. We went into the interview room for our meeting. We spent some time discussing her legal issue. I was struck at the time by how eloquent she was and how much more mature she seemed than her years. When we had finished our discussion she stood, thanked me and warmly shook my hand. As we exited the interview room together, she espied a guard. Her demeanour changed instantly. She was no longer open, bright-faced and relaxed. She began to slouch and demanded the guard let her into her cell, using swear words and staring at the ground. It was a remarkable transformation and one that saddened me greatly. I imagine she had been treated poorly by authority figures in the past. Sadly this is all too common in the prison system.

People tend to conform to what we expect of them. If we treat all people with respect and dignity, chances are they will respond in kind, striving to do their best to live up to the expectations we are tacitly setting for them. Similarly, when we stereotype someone based on an attribute such as social standing (i.e. being a prisoner) or on any other attribute of their person (i.e. age, race, sexual orientation, family status, physical or mental disability, etc.) they may feel the need to put up a defensive barrier. This will prevent us from seeing who they truly are, which will almost always be to our detriment.

SPCRS recognizes this and I look forward to contributing to this wonderful organization as a member of the Board.



Spring has sprung at SPCRS... Our flowers look great!

COMMUNITY ACTION FOR SENIORS' INDEPENDENCE



Update on the CASI Program

As of this writing, CASI has registered and assisted 33 seniors with referrals and services, we have 14 volunteers and 10 contractors on the books, and we are always looking for more of all three.

We anticipate that there will be more calls for assistance with home repairs and yard work as the weather improves .

If you are a private contractor who offers help with minor home repairs and maintenance, or yard work, please contact us so CASI can add you to our contractor database. Often our seniors would like to hire someone but just don't know who to call.

If you are interested in volunteering, there are many options open to you through CASI - from helping with yard work to being a friendly visitor. Contact us and we'll find a volunteer opportunity that fits your interests and your schedule.

MORE ABOUT CASI: FAQ'S AND OUR WEBSITE

CASI Frequently Asked Questions

What is CASI?

CASI is a pilot project currently running in five communities in British Columbia.

CASI DC's objective is to assist Dawson Creek seniors to live happy, healthy, and safe lives in the comfort of their own homes by offering services, or referrals to services.

Who is behind CASI?

CASI DC is a joint project of the South Peace Seniors' Access Services Society and the South Peace Community Resources Society.

CASI is funded by the Province of British Columbia and the United Way of the Lower Mainland

Who can access CASI?

☑ **CASI** services can be accessed by anyone 65 or older living independently in Dawson Creek, BC.



www.casidc.org

ON THE CASI WEBSITE YOU CAN:

Find basic information on the project, and the volunteer opportunities.

Refer seniors to the project (with the senior's consent) so a representative can call them.

Click through to the Silvert's website where you can purchase adaptive clothing and support the CASI project at the same time!

Purchase the "Treasured Chronicles" DVDs.

Add your name to the contractor database.

AN EXCITING PARTNERSHIP: CASI AND SILVERT'S

Funding is always an important issue for any non-profit organization wishing to offer services. It can be difficult to find, time consuming to apply for, and usually comes with specific expectations and conditions that can complicate record keeping. With this in mind, we started searching for an option that would complement the CASI objectives and would be easy to administer.

Then we discovered Silvert's; a supplier of adaptive clothing that offered commissions on sales that were referred through third party websites. That means that if you go to the CASI website (www.casidc.org), click on the link that takes you to Silvert's website, set up an account and make purchases, **10% of the sales will go to the CASI Project**. You don't pay any more for the item, CASI just receives a commission for referring you.

We looked Silvert's over very carefully and found that they are a reputable company with an excellent line of products uniquely suited to seniors with mobility issues, arthritis, or any one of several other challenges that make conventional clothing design difficult to deal with.

Silvert's looked us over too! They do not allow just anyone to become an affiliate partner. Their partners must have similar objectives. But we passed inspection, and that means you can go to the CASI website - click through to Silvert's, and begin shopping, knowing that a percentage of what you spend is going back into your community to help seniors!

CASI HIGHLIGHTS

Agency Highlight

South Peace Seniors' Access Services Society, or "Seniors' Access" for short, is a unique organization run by seniors for seniors. SPSASS was started by a group of interested local individuals in 2006 in response to a survey of local needs, and was rejuvenated in 2009, with support from the Kiwanis Enterprise Centre and a New Horizons grant.

The goals of the Seniors' Access Centre include providing reliable, current information to seniors on the full spectrum of services and opportunities available from many different sources. Volunteers man the centre Monday through Friday in the afternoons offering a wide range of services, from assistance with forms and providing free publications, to workshops on everything from 'how to work with your new laptop computer' to 'how to prevent falls in your home.'

SPSASS is an ideal agency to be sponsoring the CASI Project in that the mandates of both mesh perfectly. Since the start of the project in October, SPSASS has logged over 200 hours of volunteer time dedicated

towards the CASI Project.

Volunteer Highlight

All of our volunteers are outstanding, however, every now and then you get a volunteer who really shines. Muriel is one of those people.

Muriel Stanley is a busy lady, yet she finds the time to sit on the CASI Advisory Council and assists with senior intakes and a multitude of other CASI tasks.

Muriel is always ready to pitch in and help and if she says she'll be there, she's there and ready to go! Thank you Muriel, for being a CASI volunteer as well as a member of the advisory council.

The CASI Advisory Council meets once a month and is comprised of representatives from organizations that have unique knowledge, interest, and understanding of senior needs. They are a great boon to the CASI Project, we don't know what we'd do without their valuable input.

PHOTO ALBUM

The residences have been very busy the past few months! They've sent us several pictures of what they've been all up to. Ryan has been busy with bowling and his brand new scooter... and Ron has been busy winning medals and trophies. Great job, guys!!



The residence got a new van! (left)

Ron and his medals and trophies!
(middle and bottom)



PHOTO ALBUM

Ryan at the Special Olympics Bowling Event in FSJ (top and bottom pictures)

Ryan's new scooter! (Middle)

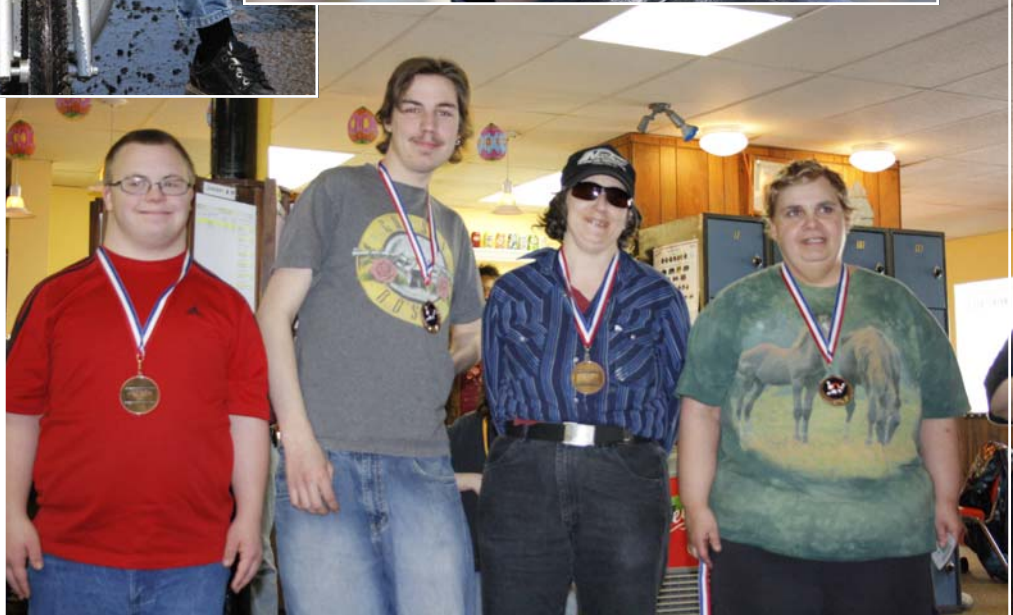
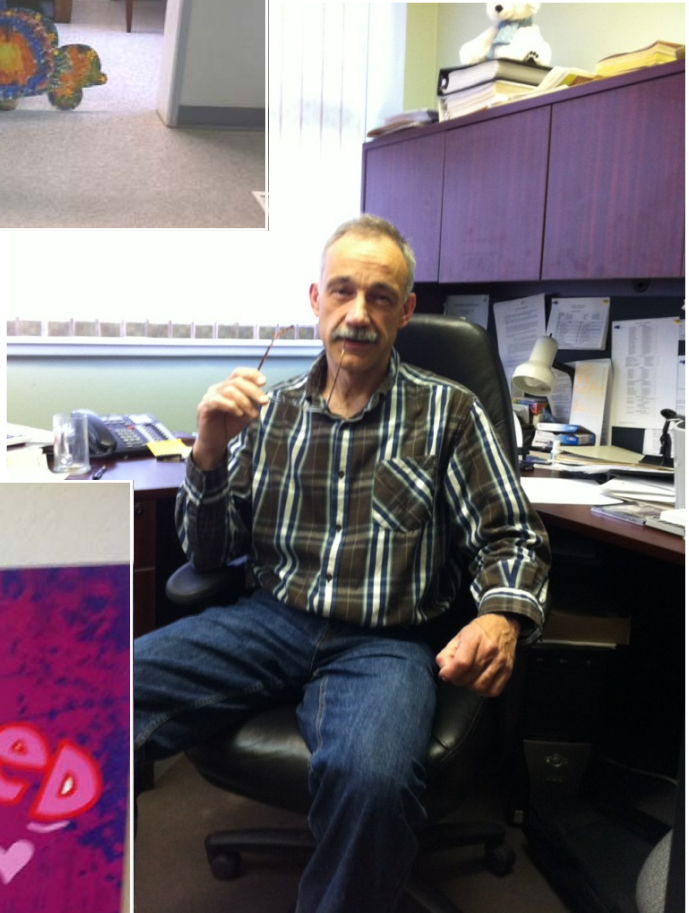


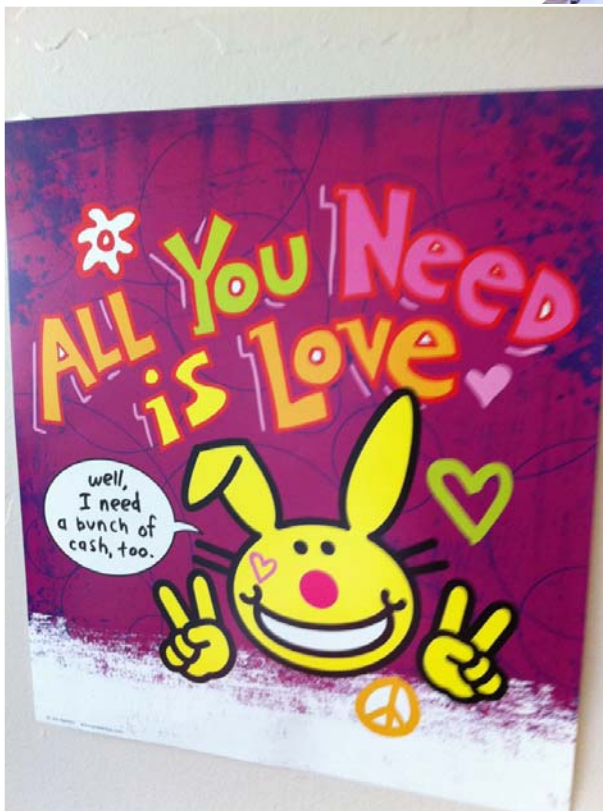
PHOTO ALBUM



Sarah and Melissa show off the busses decorated by SPCRS staff for the annual Backpack drive! We all had fun indulging our inner child. Thanks to all of those who helped!



Above: Catching Ernest in a quiet moment!



Left: All you need is love... and a bit of money would be nice! This poster can be viewed in person on Darren's door.

PHOTO ALBUM



Above: Holly Christian from Northern Health presenting a donation to Reconnect's "Good Grub" Program

Right: Sarah models the new SPCRS line of outerwear!

Below: SPCRS' bursary winner from Northern Lights College, Krista-Lena Rafuse



AGM PHOTO ALBUM



Left: Allyson and Jane



Above: Brigitta



Left: Annette and Jane

Congratulations to everyone for their service awards! We appreciate your dedication to SPCRS!

THE MAKING CONNECTIONS PROJECT

Heidy Kux-Kardos; Making Connections Coordinator

SPCRS received a grant from the Canadian Women's Foundation to participate in a Pilot Project administered by the Woman Abuse Response Program of the BC Women's Hospital and Health Center.

"Making Connections" is a project designed to address the support needs of women impacted by abuse and mental ill health and/or substance use. A growing body of research has found such consistent correlations between woman abuse, substance use and mental health issues as to suggest that "mental health issues should be treated as effects of abuse and not as mental disorders per se." (Flitcraft, 1991).

The "Making Connections" project has two primary objectives:

- to offer women support and information by providing low-barrier counselling and support groups in six communities in BC and by developing a self-help resource workbook.
- to increase the capacity of service providers from community-based anti-violence and mental health providers to co-facilitate support groups for women experiencing abuse and mental ill health and/or substance use by providing comprehensive training, on-going clinical support and up-to-date resource material.

Karen Mitton and Heidy Kux-Kardos co-facilitated the first Women ONLY support group with 6 women attending during the 12 week session. Women found the group setting very effective with its non-judgemental and low barrier atmosphere. Karen kept the group on track by going through the curriculum and self - help book one module at a time. Acquaintances were made and friendships forged with group members supporting each other throughout the week.

The curriculum includes the following modules:

- Creating a safe space for women
- Cycle of Abuse
- Power and Control Wheel
- Why is my partner abuse?
- Grief loss and rebuilding
- Hope healing and support

Overseeing the project at the local level is the "Making Connections Coordinating Committee", made up of various service providers and community members, while an existing provincial Steering Committee based at the BC Women's Hospital masterminds the research project through weekly conference calls and personal visits. Its mandate is to develop programs, policies and research to support the improvement of services for women impacted by abuse/trauma and mental ill health and/or substance use.

At this point the second Women Support Group is well under way with referrals from the Ministry of Children and Family Development and Mental Health and Addictions. Several Women from the first group returned to learn more about the connections between abuse, mental ill health and/or substance use.

All aspects of the project will be evaluated to ensure the project meets its objectives of building capacity for providers and community based organizations and providing integrated women's support groups and resource materials for women.

First and foremost, the project's success will be measured by the existence of a reduction of barriers and an in-

THE MAKING CONNECTIONS PROJECT (CONTINUED)



crease in services available to this vulnerable population of women. Other success indicators will include the number of women participating in the support groups, women's assessment of the group's impact or benefits (such as reduced isolation, reduced stigma, more knowledgeable about connections between woman abuse, mental health and substance use), increased support and safety, and increased capacity, skills and knowledge of front-line workers.

We also expect to see an increase in positive cross-sector relationships and collaboration through measuring increased referrals between agencies, case conferencing, cross-training and other cross-sector initiatives.

BITS AND PIECES

Reconnect:

Reconnect Youth is knee deep in recipes, dishes and cooking utensils as they launch their "Good Grub" project. The project, which is funded in part by BC Gaming, also received assistance from the Northern Health Authority with the addition of a \$2,000.00 grant, presented to program staff (April 18, 2011). Presenting the cheque, on behalf of Northern Health is Holly Christian. Holly was more than pleased and excited that members of the community are taking such initiative to promote healthy living.

Reconnect also took part in the annual Swap & Shop, held at the Community Clean up. We set up tables and helped unload and organize the items that community members dropped off for others to take for free! It was a great experience and taught us a lot about how recycling can be truly valuable!

Residential Program:

This year, the Residential Program took part in the annual Community Clean up on May 14, 2011. It was a great deal of fun and we had a lot of volunteers take part!

We'd like to thank the following volunteers for their help: Marnie, Sharon, Samantha, Cheryl, Shane, Marlene, Ron, Coleen, Crystal and Ricki Ann

Welcome to our newest SPCRS Employees!

Brandy Hagel - Supported Child Development

Cheryl Hendy - CSAL - residential

Dana Myhr - CSAL residential & Mizpah

Arlene Thorpe - CASI

Kelsey Reitsma - Supported Child Development

Tabitha Loga - Mizpah Transition House

South Peace Community

Resources Society

Envisions a community where people are valued and accepted regardless of circumstances.

Our mission is, therefore, to ensure that individuals are provided opportunities to develop in all dimensions.

We do this by providing responsive and personalized services that are compassionate, understanding and supported by society, while advocating for responsible social change.

Board of Directors

Joyce Lee

Sandra Minifie

Cindy Kadziolka

Jacqueline Catchpole

Margaret Tyron

Mathew Bains

Janine Cumberland

Adam Molnar

Management Team

Jane Harper, Executive Director

Stefan Pavlis, Department Manager, Community Supports & Assisted Living

Arden Smith, Department Manager, Family Safety Counseling & Support Services

Administration Office

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Dawson Creek, BC

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Phone: 250-782-9174

Fax: 250-782-4167

www.spcrs.ca



WILLS AND ESTATES SEMINAR

The Professional Resources Program (PRP) was delighted to bring Halldor Bjarnason, Wills & Estates attorney, to our area to present information and prepare wills for local eligible families. Halldor specializes in creating wills for families that need to consider the future needs of their developmentally disabled adult children. Families attended an informative and enthusiastic Wills & Estates presentation and spent one on one time with Halldor creating and updating their wills. Halldor also hosted an informal chat for families that wanted to learn more about Representation Agreements. The PRP was proud to provide this service to families in our area and give them the opportunity to feel some peace of mind when considering the future well being of their family members.

QUOTE FOR THE SUMMER

“There is no higher religion than human service. To work for the common good is the greatest creed.”

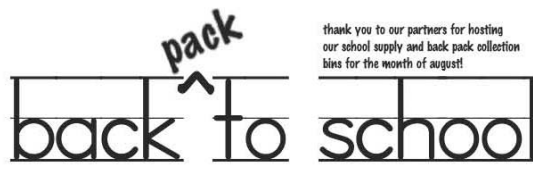
Woodrow T. Wilson, America’s 28th President

ANNUAL SPCRS BACKPACK DRIVE

Our annual Back Pack drive is gearing up for a full month of collecting school supply donations for school kids in need!

This year marks an expansion of our drive. In addition to our partners of years past, Lakeview Credit Union and RBC, we welcome the CO-OP and Faking Sanity for this year’s drive!

Although it runs for a full month, we’ll also be having a special drop off day on August 19 at Faking Sanity. Everyone who drops off a donation will get a free coffee/cookie! The Astral Community Cruiser will also be in attendance! Hope to see you there!



thank you to our partners for hosting our school supply and back pack collection bins for the month of august!

this august, let's make sure that no kid goes back to school in september with an empty back pack.



august 2 - august 31
faking sanity
...feed your obsessions

